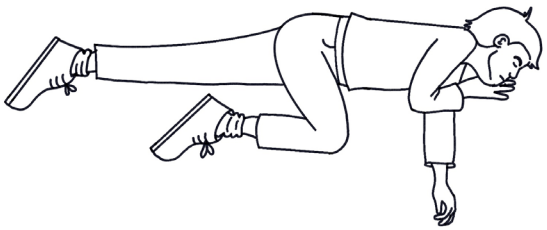
Recovery Position

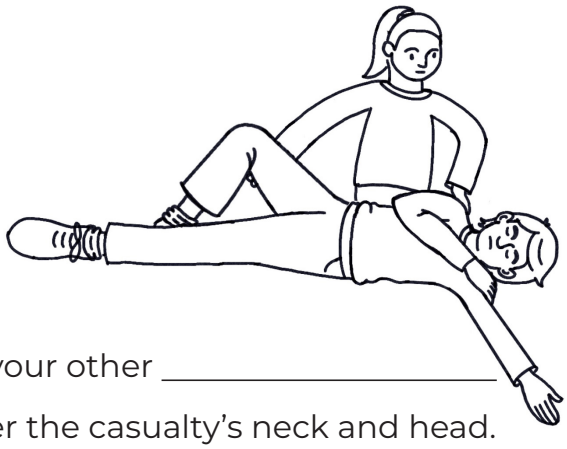
You can help an unconscious person who is breathing by putting them into the recovery position.

1. Use the words below to complete the jumbled steps for putting a casualty in the recovery position.
2. Cut out the steps and staple them together in the correct order to make a booklet.

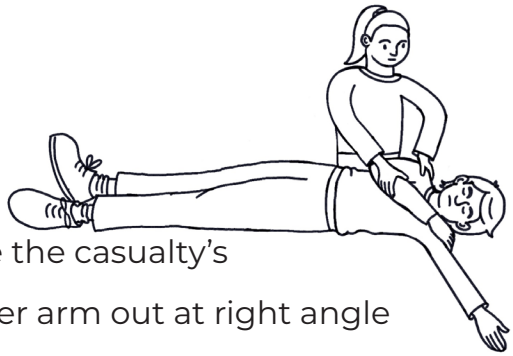
behind	**you**	**hand**	**arm**	**casualty**	**touching**



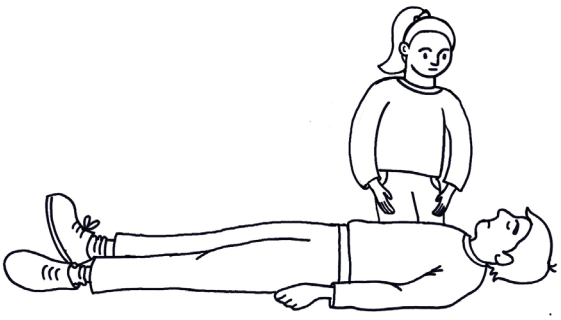
Keep the upper leg bent at right angles with the knee _____the ground to stop the casualty rolling onto his/her face.



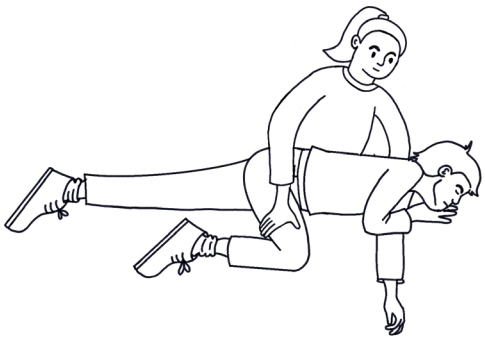
Put your other _____ under the casualty's neck and head.



Place the casualty's further arm out at right angle from the body. Place the casualty's nearer _____across the chest.



Kneel beside the _____.



Roll the casualty gently away from _____.



Lift the nearer leg so it is fully bent up. Place your hand _____the knee.